KBDM Workshop for Unity Meetings, Part 2

Objectives and session agenda

April 8, 2023

Session Purpose:

Members will return to their meetings with the ability to give guidance on Knowledge-Based Decision Making (KBDM) principles so the Group Conscience sessions can be conducted using KBDM principles with relative ease and proficiency.

Session objectives

By the end of this session, members will:

- Review the basic processes of KBDM.
- Practice participating in KBDM sessions.
- Have documents and/or reference materials to share with your meetings.
- Be able to help others use KBDM for an informed Group Conscience in your meetings.

Agenda

- **Opening:** Serenity Prayer/Introductions/Request spiritual timer
- **Documents–** locate at: phonemeetings.org: "Schedules and Downloads."
- **Review "Agenda, Part 2" in Knowledge Based Decision Making**
- **Review Tools -** Refer to: **"KBDM Quick Reference Tool"**
  - Why KBDM (attitude shifts, etc.)? Our Legacies tell us we must do the right thing rather than the fastest thing, though there are efficiencies to be found in the KBDM process.
  - Logistics of a KBDM session
  - Steps of the KBDM process
- Are there any questions regarding using the KBDM process specifically? Otherwise please hold until question and answer time later in the session.

KBDM Demonstration

Concern: How do we carry the message about sponsorship in our meeting's format? What should we do to encourage sponsorship?

- **KBDM group practice** -Refer to: **"KBDM Group Practice"**. Time your group for 30 minutes.

  To enter your breakout room, press #, which brings you to the 8733 number. Then, put your access code as listed below:

  1. Group 1, First Names A-G Unity 6 (864896#)
  2. Group 2, First Names H-M Unity 8 (864898#)
  3. Group 3, First Names N-S Unity 10 (8648910#)
  4. Group 4, First Names T-Z Unity 12 (8648912#)

  When time is called, come back to the 8733 number by pressing # then Unity 2# (864892#).

- **Group feedback** –Joining together as one group, each group will take turns sharing on learning, experiences, etc. within their group.
- **KBDM Wrap Up/Questions & Answers**
- **Closing:** Al-Anon Declaration + Serenity Prayer