

Tuesday 6pm - Technical Information  
There is helpful information for chairing meetings at:  
<http://phonemeetings.org/information.htm>

**FORMAT:**

TUESDAY 6 PM Discovering Choices Meeting

Welcome to the Tuesday 6 p.m. Discovering Choices meeting. Hello, my name is \_\_\_\_\_ your chairperson for this meeting. This meeting lasts for 1 hour and 15 minutes.

Please press \*1 to unmute and join me in the Serenity Prayer.

**SERENITY PRAYER**

God grant me the serenity  
To accept the things I cannot change,  
Courage to change the things I can,  
And wisdom to know the difference

Please press your \*1 to remute.

**READINGS:**

The Chair or a Volunteer reads:

**SUGGESTED AL-ANON WELCOME** found in "How Al-Anon Works," page 8 or in the Al-Anon / Alateen Service Manual pgs.10 or 12 in the older version.

We need three volunteers for the following readings:

**PREAMBLE** to the Twelve Steps (front of the daily readers)

**THE TWELVE STEPS** (back of the three meditation books)

**THE TRADITION AND CONCEPT OF THE MONTH** (back of three meditation books)  
(In December, Concept 12 includes the reading of the GENERAL WARRANTIES found below the 12 Concepts)

**INTRODUCTIONS:**

Now let's go around the globe and introduce ourselves.

Hi, I am \_\_\_\_\_ (name) \_\_\_\_\_ from \_\_\_\_\_ (State) \_\_\_\_\_

**NEWCOMERS:**

Are there any newcomers here for their first 6 meetings or their first 30 days? If so, please press \*1 and introduce yourself with your first name so that we may welcome you.

At the top of the hour, we will open the meeting for newcomer to share, but newcomers are always welcome to share during the general sharing time.

**MEETING TOPIC:**

We are reading from “**Discovering Choices – Recovery in Relationships.**” The book is available on the AI-Anon website. We read one or two stories depending on the length of the stories. (Chairperson decides how many stories and readers are needed.) Do we have a volunteer to do the reading?

**ANONYMITY STATEMENT:**

We speak from our own experience and ours is derived from living with the effects of alcoholism. It is a different experience and calls for a different interpretation. We ask those who are members of other anonymous organizations not to break their anonymity and to try to identify with the AI-Anon approach to the family illness.

**Requesting Phone Numbers and Contact Information:** At the end of the meeting we will have an opportunity to request contact information of someone who shared. Please take note of the person’s name when they are sharing.

**TIMEKEEPER:**

We have three minute shares. Do we have a volunteer to be our spiritual timekeeper?

We ask the timekeeper to stay muted except to come in to gently say time at three minutes. When sharing, please acknowledge that you heard the timekeeper, and wrap up your share.

Would the timekeeper like to share first?

We are now open for sharing on today’s reading.

**AT THE TOP OF THE HOUR - NEWCOMER SHARING:** Would any newcomer like to come in to share? Please press \*1 to come in. (If quiet, open it back up for sharing.)

**AT 7:10 start the ANNOUNCEMENTS:**

1. Next week we will start on page \_\_\_\_\_ of Discovering Choices.
2. Our business meeting is held on the 2<sup>nd</sup> Tuesday of the month.
3. There are no dues or fees in AI-Anon, but we are self-supporting through our own contributions. You can send your contributions to WSO. The **WSO ID # for this meeting is 30737456.**

4. Are there any other Al-Anon announcements?
5. Would anyone like to request contact information or leave their contact information for outreach?
6. Do we have a volunteer who will stay on the line after the meeting for five or ten minutes to answer newcomer questions?

**CLOSING:**

We will now begin the closing. Thank you everyone who did service today, our timekeeper, readers, all those who shared and those who listened.

**SUGGESTED AL-ANON CLOSING:**

Chairperson or a volunteer reads the Al-Anon closing found on page 22 in the Al-Anon / Alateen Service Manual or on page 396 in the new version of How Al-Anon Works or page 380 in the old version.

**SERENITY PRAYER: (Please press \*1 if you would like to join in.)**

God grant me the serenity  
To accept the things I cannot change,  
Courage to change the things I can,  
And wisdom to know the difference.  
(Al-Anon/Alateen Service Manual pg. 10)

**THE MEETING IS NOW CLOSED.**

**MEETING INFORMATION**

a. Information on all registered meetings can be found on Al-Anon's website: [al-anon.org](http://al-anon.org) or by calling our World Service Office (WSO) at (757) 563-1600. For face-to-face meetings call WSO's automated phone number: 888-4AL-ANON (888-425-2666).

b. Meeting schedules and formats for this phone line can be found at [phonemeetings.org](http://phonemeetings.org). If the line goes down, the backup number is (425) 436-6200, PIN: 335289#. Press\*6 to mute and unmute.

For members without web access, meeting information for this line can be found at (712) 432-8733 PIN: UNITY411#. The backup number for meeting information is (425) 436-6202, PIN: 335289#, Reference Number: 1#.

c. Format changes and website postings can be emailed to [phonemeetingsweb@yahoo.com](mailto:phonemeetingsweb@yahoo.com). General questions can be sent to [phonemeetingsinformation@yahoo.com](mailto:phonemeetingsinformation@yahoo.com). For inquiries regarding leader codes, dashboard monitors and technical issues with the phone line, email [phonemonitorteam@yahoo.com](mailto:phonemonitorteam@yahoo.com). For workshop ideas, suggestions and concerns, email [phonemeetingsforum@yahoo.com](mailto:phonemeetingsforum@yahoo.com).

**d. Would anyone like to announce any other AI-Anon phone meetings?**