

Encouraging Growth in Recovery

An Al-Anon Workshop
Saturday, February 22, 2020 2pm

PROGRAM

- I. **Opening:** Serenity Prayer
Suggested Preamble to the Twelve Steps, 2018-2021(v2) Alanon/Alateen Service Manual, p.13
Our Three Legacies, Service Manual, p.14

- II. **Introductions:** Go around the globe :}

- III. **Volunteer Readings:**
 - A. "A Sense of Purpose", *When I Got Busy, I Got Better*, p.20
 - B. "Commitment", *Blueprint for Progress*, p.54

- IV. **Volunteer:** Spiritual Timekeeper

- V. **Speakers:**
 - A. **Step Two: Sponsorship**
Volunteer Reading: *Paths to Recovery*, pp.22-3
Speaker 1: 10 minutes

 - B. **Tradition Two: Group Service & Business Meetings**
Volunteer Reading: *Paths to Recovery*, pp.145-146
Speaker 2: 10 minutes

 - C. **Concept Two: Service Sponsorship**
Volunteer Reading: *Paths to Recovery*, pp.257-8
Speaker 3: 10 minutes

- VI. **Q & A**

- VII. **Sharing**

- VIII. **Closing:** "In Summary Al-Anon Suggests", p.7 *This is Al-Anon*
Al-Anon Declaration
Serenity Prayer